

Animal-Assisted Therapies and Activities throughout the Cedar Valley

Fall 2023 Newsletter

It's Our Birthday!

Believe it or not, P.E.T. P.A.L.S. is "Celebrating 40 Years of Four-legged Friends." Yes, that is correct-40 years! Whether you are a current member, a special friend, or a visitor from many years ago, we want you to join in our special celebration. Our annual Volunteer Appreciation dinner, sponsored again by friends of Bob Schrader in his honor, will take place on Tuesday, October 3 at the Waterloo Center for the Arts located at 225 Commercial Street in Waterloo. It will also be our birthday celebration. The event will begin at 5:45 with dinner served promptly at 6:00pm. This will be a catered meal from Randall's in Hudson. Those attending are asked to pay \$10 with P.E.T. P.A.L.S. covering the remainder of the cost. (Please pay at the door.)

The main menu will be Chicken Cordon Bleu with sides of russet potatoes, green beans with pearl onions/bacon, along with a roll and butter. Drinks will be provided. Vegetarian Lasagna will be the other option with a side and drink. Dessert will also be served. Please join us as we reminisce about the early days of P.E.T. P.A.L.S. with sharing by special friends along with other interesting memories.

Celebrating HO Years of Four-Legged Friends

P.E.T. P.A.L.S. VOLUNTEER APPRECIATION DINNER
October 3, 2023 | 5:H5pm
WATERLOO CENTER FOR THE ARTS
225 COMMERCIAL ST. WATERLOO, IA 50701

WHENCY

Entrees: Chicken Cordon Bleu or Vegetarian Lasagna Sides: Russet potatoes, green beans with pearl onions/bacon, and dinner roll Drinks will be provided. Dessert will also be served.

Email: petpalsnews@gmail.com
Phone: 319-236-3564

Reservations are needed for the dinner. These can be made by emailing us at petpalsnews@gmail.com or leaving a phone message at 319-236-3564. Please include your name, phone number, and the number of people attending along with the meal choices. Feel free to bring family members or guests (each will need to pay \$10). Reservations must be made by September 19th so that we can let the caterer know how much food to prepare. Please respond quickly. Come help us celebrate our birthday, renew friendships, and meet new friends. We especially hope to see lots of former members who helped to create our wonderful organization.

Have questions? Contact us at 319-236-3564 or at petpalsnews@gmail.com. Don't forget to visit us at petpalscedarvalley.org or on facebook (cedarvalleypetpals.org)

Join our team for the Walk to End Alzheimer's - Cedar Valley



We as a P.E.T. P.A.L.S. team have registered to attend and raise funds for the Walk to End Alzheimer's - Cedar Valley at Peet Junior High School, September 23rd, 2023. Registration begins at 8am and the ceremony starts at 9am with the Walk itself to follow. Pets are welcome to attend as long as they are on a leash. Please register to Walk with us at act.alz.org/CVwalk or contact Christine Hess at 319-939-5458 for more information.

Upcoming Pizza Ranch Fundraiser

P.E.T. P.A.L.S. will once again be busing tables at the Cedar Falls Pizza Ranch Wednesday, October 18th from 4:45-8pm. P.E.T. P.A.L.S. will receive all tips and 7% of the total sales for the night including dine in, carryout, and delivery. If you can help bus tables that evening, please call Sue Lund at 319-233-3624. We need a minimum of 8 volunteers. If you are unable to work the fundraiser, please order a meal from them.

Sturgis Falls

Thanks to all of you who helped make Sturgis Falls a success again this year. We were able to make over \$700.

Social in Evansdale

Our picnic at Angels Park on Thursday July 13th was a little soggy, but enjoyable after it quit raining. Good friends, good food, and Bob Hertges made his famous potato salad.



Bob Schraeder Memorial

This Spring P.E.T. P.A.L.S. had two trees planted along Big Woods Lake (in their campground) in memory of Bob Schraeder, a dedicated P.E.T. P.A.L.S. member who passed away two years ago. Bob loved to go fishing at Big Woods Lake and the trees are right along the lake. A plaque will be placed by each tree when they are done.



Donations

Thank you to the following for their generous donations in support of our organization. Black Hawk County Health Employees, Cedar Valley Preschool and Childcare Center, Roth Jewelers, Janice Rogers, Linda Jacoby, Lois Staff, and Dalila Amend

UNI De-Stress Days

Who had more fun - the students or the pets?! P.E.T. P.A.L.S. once again helped the students at UNI "de-stress" during final exams in May 2023.





Reading Pals Program

Cedar Valley Preschool and Childcare Center has us visit with our pets while the kids read to them as part of their summer program.









Condolences

In memory of our precious Piper who passed away May 20th at the age of 8, too young. She was only with PETPALS for a short time. We got to visit at Harmony House, Cedar Valley Preschool & Daycare, & UNI. She was a sweet, gentle soul that we will miss greatly. We will miss her smile, her hugs & her kisses. Owner, Marcia Mecurio



P.E.T. P.A.L.S. Visiting Sites – For information, call 319-610-7379

Active Minds Early Learning Center
Bickford Cottage
Arboreta Health Care
C.V. Preschool and Child Care Center
Denver Sunset Home
Friendship Village
Harmony House
La Porte City Nursing and Rehab
MercyOne Rehab
NewAldaya Lifescapes
Newel Post
Northstar Community Services

Northstar Head Injury
Northcrest Specialty Care
Peer Support Recovery- UnityPoint
Pillar of the Cedar Valley
Pinnacle Specialty Care
Promedica (formerly Manor Care)
Ravenwood Health Care
Reading Pals
The Rose
UnityPoint- Mental Health/Rehab
Waverly Health Center
Western Home Communities

P.E.T. P.A.L.S. P.O. Box 373 Cedar Falls, IA 50613

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